

# Demaray's

## Parent & Child Participation Classes

Time	Sat
9:00– 10:00 am (18 months– 3)	Tumble Tots with Parent
10:00– 11:00 am (18 months-3)	Tumble Tots with Parent
4:15pm-5:15pm (2-3) Monday-Friday	Tumble Tots with Parent

## Adult and Teen Classes

Demaray's offers classes for adults and teens who are interested in returning to gymnastics or who are just getting started. Classes include flexibility, strength conditioning and use of all gymnastics equipment.

Adult & Teen Classes	Tuesday (all ages)	Thursday (all ages)
7:15 pm	Adult / Teen	Adult / Teen

## Tumbling & Trampoline Class Schedule

Time	T	Th
5:15 pm	Tum&Tramp	Tum & Tramp

## Make-up Policy

All space in Demaray's activities is reserved. Please notify us of absences. All Demaray's directly enrolled members are allowed Make-ups for missed classes. Please schedule make-ups within 30 days. Make ups not scheduled and taken within 30 days do not accumulate. Three is the maximum make-ups allowed per Month per student.

## Class Participation Policy

Any Student later than 10 minutes for class will not be allowed to participate in that class due to safety regulations. Demaray's will allow a one time only make up class for students late to scheduled class. Only the enrolled student can participate in class, please no parents (unless enrolled in the Parent Participation class) or siblings beyond the red boundary tape at all times.

# Demaray's Gymnastics National Training Center

Demaray's Gymnastics recognizes that every gymnast is unique, progresses at a varying pace and improves faster with an individualized type of instruction. With this in mind Demaray's has developed a **gymnast and parent friendly program** that treats each gymnast as an individual. While progressing through various levels of training each gymnast develops at their own pace and is not expected to move with their classmates. Gymnasts are encouraged to move up in level only when they are ready to do so.

**Maximum Class Size: 10 Students (L3/4, Adv. & Int 12)**  
**Minimum Class Size: 3 Students**  
**Class Length: 1 Hour (unless otherwise noted)**

## Girls Gymnastics Class Schedule

Beginner Girls - Level 1-4 - Instructional Ages 5 1/4 +

Time	M	T	W	Th	F	Sat
9:00 am						L1/L2
9:00 am						L3/L4
10:00 am						L1/L2
11:00 am						L1/L2
2:00-3:00						
3:00-4:00				L1(HS)		
4:00-5:15	Dev.					
4:00-6:15				Dev.	Dev.	
4:15 pm	L1/L2	L1/L2	L1/L2	L1/L2	L1/L2	
5:15 pm	L1/L2	L1/L2	L1/L2	L1/L2	L1/L2	
6:15 pm	L1/L2	L1/L2	L1/L2	L1/L2	L1/L2	
6:15 pm		L3/L4		L3/L4	L3/L4	

(Level 3/4 Classes Are 2 Hours Each)

## Boys Gymnastics Class Schedule

Boys Level 1, Boys Level 2, Advanced & Intermediate - Ages 5+

Time	M	T	W	Th	F	Sat
9:00 am						Boy/BGA
10:00 am						BL1/2
2:00-3:00						
3:00-4:00				BL1(HS)		
4:15 pm	BL1/2	BL1/2		BL1/2		
5:15 pm	BL1/2	BL1/2	BL1/2	BL1/2	BL1/2	
6:15pm	BL1/2	BL1/2	BL1/2	BL1/2	BL1/2	
7:15 pm		BL3/INT.		BL3/INT		

(Level 3/INT classes are 1 hour 30 minutes each)

# GYM-STARS AGES 2-5

The Gym-Stars program is all about your child having fun while developing the physical skills they will need to become healthy, active and confident teens and adults. Through a series of exercises utilizing the tumble track, balance beam, trampoline, floor exercise, bars, landing pit and other equipment your child will increase their physical abilities, develop discipline and learn to socialize better through a healthful group activity with other children in their age group and gymnastics level. Demaray's miniatures (Demi's) ages 2 - 3 participate in fun filled classes doing activities specifically designed for their age and development. Gym-Stars ages 3 1/2 to 5 participate in more advanced activities designed to enhance their individual development. Gym-stars Advance Classes are available for girls (Tops) and boys (BGA) who are ready for even higher development and training in preparation for moving to Level 1

## Gymstars, Tumble-Tots & Advanced Tops/BGA

Maximum Class Size: 10 Students

Class Length: 1 Hour all levels

Time	M	T	W	Th	F	Sat
9:00 –10:00 am						BoysGA
9:00-10:00 am						DM&G
10:00-11:00 am						DM&G
11:00-12:00 pm						TOPS
11:00-12:00 pm						DM(-3-4)
11:00-12:00 pm						G (4-5)
3:00-4:00 pm						B&GL1/HS
4:15-5:15 pm	MM	MM	MM	MM	MM	MM
4:15-5:15 pm (2-3)	DM	DM	DM	DM	DM	DM
4:15-5:15 pm (4-5)	G	G	G	G	G	G
5:15 –6:15 pm	G	G	G	G	G	G
6:15-7:15 pm	G	G	G	G	G	G
6:15-7:15 pm (2-3)	DM	DM	DM	DM	DM	DM

**Interested in Competing? Ask us for more details about our Boys and Girls teams!**



# Birthday Parties

## Celebrate Your Child's Special Day At Demaray's Gymnastics Academy

For a birthday party experience of a lifetime your child and friends won't soon forget call Demaray's. Your birthday child and friends will have the gym all to themselves as our friendly instructors guide your group through a day of fun using our gymnastics equipment. Your group will have a blast playing in the landing pit, bouncing on the trampoline, playing dodgeball and a host of other fun and exciting activities.

- Your children will participate in activities and games involving motor skill development and gymnastics activities.
- An obstacle course will be set up for active movement and fun.
- Our trampoline is set at floor level with a foam-filled pit at one end.
- We utilize the low beam, low bar and swing ring over the pit.

Children do not need to know gymnastics to participate in a Demaray's Gymnastics birthday party. Parents of all children participating in Demaray's Birthday Parties must sign a waiver and release form and present it to Demaray's prior to the child being allowed to participate.

### What To Wear

Children will be more comfortable and have more fun if they wear shorts, sweats, leotards and T-shirts. Bare feet are recommended. Shoes, sweaters, jackets, etc. can be kept in our storage areas.

### Arrival & Departure

Please bring your child on time so they do not miss any of the fun from the warm-up to the exciting obstacle course. Parents are welcome to stay and watch the grand event. You can rest assured that this event is fully supervised from start to finish. Please pick up your child on time as there is no supervision after the end of the party.

### What To Bring

If you are planning to celebrate with food goodies and presents please bring all the utensils necessary to properly serve these items. Please plan on cleaning up the party area by the end of your Birthday Party Celebration.

### Prices

Club Members - \$170 - up to 18 children  
 Non-Members - \$195 - up to 18 children  
 \$10 for each additional child after 18

The Party will consist of **One hour of activity** with supervising coach and **an additional 1/2 hour** for you to supply food, beverages and opening of presents.

**\$50** for an additional 1/2 hour **non activity time**.

Gratuities for Supervising Coaches are welcome.

**To reserve your date a non-refundable deposit of \$50 is required. Balance is due prior to the start of the party. Cancellation of reserved party with less than 60 days notice is an additional non-refundable fee of \$100.**

Prices Effective 2-1-2008

We also Accept Visa, MC, Amex, Discover, & All Debit cards.

### Monthly Rates (Based on 4 week month)

On Time	Late Fee	Discount Rate
Early Bird	if paid by	Three Months*
if paid	11th-15th *	5% Discount
by 10th	after 16th **	

### Fees & Charges

### Instructional Levels Girls & Boys

Girls & Boys Level 1/2, Gym-Stars , Tops, Boys Gym-Stars Advanced, Boys Intermediate, Girls Level 3/4 ,Tumbling, Adult & Teen, Parent & Me Demi's, Tumble-Tots.

One Class Drop In	\$15	
One Hour/wk	\$59	\$168
Two Hours/wk	\$118	\$336
Three Hours/wk	\$154	\$439
Four Hours/wk	\$174	\$496
Five hours/wk	\$184	\$524
Six Hours/wk	\$194	\$553
Seven Hours/wk	\$199	\$567
Eight Hours/wk	\$209	\$596

Each Additional hour per week over 8 hours = \$10.00 per Month .

### Annual Enrollment

Registration Fee Per Student is waived for 1st year of enrollment. Starting 2nd year Registration for each enrolled student / \$25per year .

### Gym Apparel / Pro Shop

Leotard, cotton shorts or sweat pants with t-shirt for classes. No belts, buckles, zippers, buttons, jewelry or street clothes. Bare feet are required on most events. Gymnastics Supplies, Apparel Demaray's Logo Wear and Novelty items.

If one family member participate a minimum of 2 hrs per week each additional family member receives a \$7 discount per month .

- 6 month advance payment qualifies for a 10% discount
- 12 month advance payment qualifies for a 15% discount
- Group Rates (4 or more) or (Home School—Select Classes Only) per student (1 hr. per Week \$58), 2 hr. Per Week \$90), 3-Hr. per week \$122) , (4 hr. per week \$154) No family member or other discounts available with Group rates.

\* Late Fee paid by 11th-15th (additional \$15 per student per month)

\*\*Delinquent after 16th of month - (additional \$25 per student per month)

\*\*\*Return check fee is \$25.00.

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**Demaray's is a National Training Center with Several Members Representing the USA NATIONAL TEAM**  
 Demaray's Gymnastics Academy is a child and parent friendly environment featuring the complete Olympic 2000 equipment package, the most modern and safe equipment available, including a huge training pit. Demaray's offers instructional classes specifically designed to fit your child's needs from gymnast through competitive team levels including Parents & child participation gymnastics, adult classes, and Tumbling classes.  
**40511 Albrae Street, Fremont, CA 94538 (Across from The Wal-Mart Shopping Center), (510) 661-0576**  
**visit our website: [www.demarays.com](http://www.demarays.com) or E-Mail [demarays@aol.com](mailto:demarays@aol.com)**

Demaray's Offers One Free "Get Acquainted" Trial Class